

Granola

2 $\frac{3}{4}$ C rolled oats	$\frac{1}{2}$ C sunflower seeds
2 TBS coconut	$\frac{1}{2}$ C dried fruit
$\frac{1}{4}$ C wheat germ	$\frac{1}{4}$ C bran
$\frac{1}{4}$ tsp nutmeg	$\frac{1}{4}$ tsp allspice
$\frac{1}{2}$ honey	1 $\frac{1}{2}$ tsp vanilla

Just mix in a large bowl with cover and store in refrigerator.